



Programme 2021



Newcastle's Best Summer Ever 2021

Newcastle City Council in partnership with StreetGames are pleased to announce the return of Newcastle's Best Summer Ever for 2021.

Working with over sixty community projects and schools across Newcastle, we will be offering a range of free fun activities, nutritious food and summer schemes for school aged children and young people.

We want to make sure that children and young people in Newcastle have a happy and enjoyable summer. You will find a list of partners offering free sports, arts and cultural activities within this booklet. To comply with COVID restrictions, some of the activities may require pre-booking, so do make contact with those projects that you are interested in attending.

Please note that the content of this booklet is accurate at the time of going to print. There may be more opportunities available and COVID regulations may change some of the offers, so for the most up to date information, please check Newcastle's Best Summer Ever Facebook page. <https://www.facebook.com/NewcastlesBestSummerEver>

We hope you have an enjoyable and fun summer.



Cllr Paula Holland, Newcastle City Council cabinet member for Education and Skills, said:

"Since 2019, we have been working with StreetGames and partners in the city to provide holiday activities and food for children across Newcastle."

"This programme has reached thousands of children, helping to keep them engaged, energised and fed throughout the school holidays, and we're delighted to be able to announce the return of Newcastle's Best Summer Ever this year."

"As with last year, it may look and feel different to the first instalment in 2019 as a result of the on-going pandemic, but once again we will be providing in-person events and activities for young people across the city."

"I would encourage all parents and carers to have a look at what's on offer, and make sure you visit the Newcastle's Best Summer Ever Facebook page to stay up to date."





NBSE 2021 Projects Directory

Our partner projects are working hard to provide young people with a whole host of fun summer activities and nutritious food in Newcastle making this Newcastle's Best Summer Ever!

We are providing you with a list of partner projects' contact details. Please contact projects to find out more about their offers and some activities will require pre-booking.

Activities will be taking place across locations in the West, North and East of Newcastle and more will be added. Follow our Newcastle's Best Summer Ever Facebook page for any additional activities on offer.

COVID – Staying Safe

"We all welcome the return of activities that have been lost to the pandemic, but we still have a duty to stay safe, and minimise the further spread of the virus."

Our partner projects will be complying with COVID requirements at the time of delivery. As restrictions start to ease, it is vital that we all continue to follow Hands, Face, Space, Fresh Air guidance. You/your child and all household members must self-isolate if they have received a positive PCR test. Make sure to self-isolate and book a PCR test if you/they develop even the mildest symptoms of the virus. In addition, all close contacts are advised to book a PCR test.

If you feel at all unwell, please do not attend any of the activities. Even those without symptoms should make use of free Lateral Flow Device tests, twice a week where possible, to avoid spreading the virus without realising.

*If you need support with self-isolation Newcastle City Council's Welfare and Wellbeing Team may be able to help you. Visit www.newcastle.gov.uk/welfare or call **0800 170 7001** (8am-8pm Monday to Friday, 9am-3pm Saturday) to get the support you need."*

All adults over 18 are now eligible for a Covid vaccination, there are locations across the city where you can be vaccinated either by having an appointment or by visiting a drop-in service. Visit <https://www.newcastle.gov.uk/covidvaccine> for more information.

Newcastle WEST

The Nunsmoor Centre

Email katyshipman.nct@outlook.com

Call 07813048714

Elite Sport

Email dadonnely-elitepew@outlook.com

Call 07557393424

St Johns

Email Marie.Bartley@stjohns.newcastle.sch.uk

[@stjohns.newcastle.sch.uk](mailto:Marie.Bartley@stjohns.newcastle.sch.uk)

Call 01912735293

North East Wilds

Email hello@northeastwilds.org

Call 07713642169

Hat-Trick

Email Lewis.Ritchie@hattrickproject.org

Annemarie.Roberts@hattrickproject.org

Call 07984409583 / 07800714333

Circus Central

Email sarah@circuscentral.co.uk

Call 07738089921

West End Women and Girls Centre

Email info@westendwomenandgirls.co.uk

Call 01912734942

North East Youth For Christ

Email james@balletlorent.com

Call 0191 2709707

Centre West

Email kate.codling@hattrickproject.org

Call 07966063768

Inspire Youth Tyne & Wear

Email michelle.mitchell@inspireyouthtw.org

[@inspireyouthtw.org](mailto:michelle.mitchell@inspireyouthtw.org)

Call 07886327369

Dance City via Inspire Youth

Email pam.gill@inspireyouthtw.org

Call 07886327369

Northbourne youth initiative

Email rachel.martin@northbourneyi.org

Call 01912723384

JJ Sports Coaching

Email jjssportscoaching1@gmail.com

Call 07740339215

NE Youth

Email emma@neyouth.org.uk

The Mercy Project

Email Jeremy.cain@themeracyhub.org.uk

Call 07904881430

Newcastle WEST Healthworks



Healthworks worked with Nunsmoor, Bridgewater and Pendower Good Neighbourhood Project partners to provide activities across the west of Newcastle.

The delivery workstations were set up outdoors – six pop up kitchens with all the equipment needed for each workstation, following current government guidelines on social distancing and school meals standards for the food.

In each session, the children learnt about the importance of hand washing by using the Glitter bug – a hand wash machine that showed the children how germs can be spread by not washing hands correctly. Key information about the eat well guide, practical cooking sessions were shared – the children made their lunch in all the settings. The children also received information to take home to share with their families, along with an Easter Activity book and reading books donated by National Literacy Trust.

Sessions were based around previous learnings and the practical sessions that were delivered as part of their West Community family hub work.

“We are planning for the summer holidays with partners to deliver NBSE 2021.”



Newcastle NORTH

FAR

Email farcentre@btconnect.com

Call 07392755866 / 01912749264

North East Dance

Email dolly@northeastdance.com

chris@northeastdance.com

Call 07967002039

North East Wilds

Email hello@northeastwilds.org

Call 07713642169

Hat-Trick

Email michelle.monk@hattrickproject.org

Call 07986980930

Children Foundation

Email sean.soulsby@nhs.net

Call 01912820897

Kenton Park Community Association

Email bobbyrichardson800@hotmail.com

Newcastle Community Asset Trust and Projects for Change

Email Kelly@projects4change.org

Call 07946314037

Centre West

Email kate.codling@hattrickproject.org

Call 07966063768

Inspire Youth Tyne & Wear

Email michelle.mitchell@inspireyouthtw.org

@inspireyouthtw.org

Call 07886327369

Dance City via Inspire Youth

Email pam.gill@inspireyouthtw.org

Call 07886327369

Denton Youth & Community Project Limited

Email sara.hardeland@hotmail.co.uk

Call 0191 264 7566

NE Youth

Email gemma@neyouth.org.uk

Control Move & Fitness

Email Info.controlandmove@gmail.com

Call 07740170132

Newcastle NORTH— Inspire Youth

Inspire Youth had a wide range of activities on offer across Newcastle for different age ranges of children and young people. Using their experienced staff base and local knowledge, they were able to deliver full day activity sessions for children street-based play work and home deliveries to families.

In the north of Newcastle, they delivered a targeted detached programme in the Newbiggin Hall area. Across five sites for seven weeks, they were able to provide activities and food for children and young people on each site. Through these sites, they have engaged partners like British Cycling and Dance City to provide a varied physical activity offer to the children and young people that took part.

In between the delivery on site and detached youth work, there was also an extensive support programme for children, young people and their families who did not feel safe to engage in on site activities. So Inspire Youth staff provided regular deliveries of food parcels and activity packs alongside family support and mentoring services to ensure no family was left out.

One of the highlights for Inspire Youth was their partnership with Dance City. It was noted that working in partnership with Dance City made a significant impact to the normal provision of the summer activity. It offered a new skill and activity, and was viewed in high regard from parents of young people who struggled to get their children activity.



Newcastle EAST

Heaton Community Centre

Email heatoncc@hotmail.co.uk

Call 01912766712

Word of Faith Church East Newcastle Booster Club

Email newcastleboosterclub@yahoo.com

Call 07401000323

Stepney Banks

Email steven.irvineduffy@stepneybank.co.uk

Call 01912615544

Hat-Trick

Email jordan.candlish@hattrickproject.org

Call 07581190233

St. Anthony's Youth Education and Support

Email j.grieveson@bostey.org.uk

Call 01912347844

YMCA

Email Caitlin.hunter@ymcanewcastle.com

Call 01912653132

Blowin' A Hooley Theatre

Email hooleytheatre@gmail.com

Call 07584109723

Children Foundation

Email sean.soulsby@nhs.net

Call 01912820897

North East Dance

Email dolly@northeastdance.com

chris@northeastdance.com

Call 07967002039

North East Wilds

Email hello@northeastwilds.org

Call 07713642169

MINE Youth

Email thisisachoicebyker@gmail.com

ACANE

Email acane2003@hotmail.com

Call 01912658110

Newcastle EAST – Edge North East

Edge North East is a Newcastle based youth organisation focused on steering young people away from becoming victims of perpetrators of crime and serious youth violence. As one of the 70 local organisations who took part in Newcastle's Best Summer Ever, they had huge success engaging with young people with their mobile music studio, providing activities across the East of Newcastle. The studio started life as a donated mobile youth lorry, but through conversations with young people over the course of lockdown, the Edge team learned that many of them were passionate about music, and with recording studios and clubs closed their usual outlets for this were unavailable. Using money secured from the Violence Reduction Unit, they converted the lorry into a mobile studio with instruments and recording equipment, and sourced two music producers (one older, one younger) to help the young people to learn, create and develop their talent. Young people were invited to help decorate the outside of the lorry.

Quote: Collette, a member of the Edge team, said:

"The music studio has just completed its first month, and we've had really strong engagement with youngsters. They love creating and listening to music, and having somewhere to go that they know is safe really helps. The trust the project has built has given us the chance to provide real support for young people who might not have anywhere to turn otherwise. Four have applied for college, one asked for support with a solicitor, a couple asked us to assist with finding them counselling. We're delighted with how the young people are enjoying themselves and it's so good to see them discovering their talent."



Newcastle Libraries Offers – World Wild Heroes

Go Wild this summer. Pack your bags, we're headed for Wilderville!

It's a pretty cool place, but there are lots of things that the Wild World Heroes can do to make their town even better for the people and animals that live there.



Teaming up with WWF for 2021, this year's theme will inspire children to explore ways of helping to save the planet. Join the Wild World Heroes for the Summer Reading Challenge and discover how you can make a difference to the environment too.

Watch a video trailer at <http://bit.ly/wild-world-heroes-youtube>

A range of partners are also supporting the Challenge this year. Sky VIP are teaming up with The Reading Agency to offer thousands of VIP customers the chance to win a copy of Shark Seas by Sky presenter and Summer Reading Challenge Ambassador Steve Backshall.

Here at Newcastle Libraries, we're ready to get wild all summer with exciting new books and adventurous events and we can't wait for you to join us. Sign up to receive your Summer Reading Challenge pack and collect incentives along the way.

There will be fun stuff to do! Including Wild Wednesday online events, fun fact Fridays, crafternoons and much more.

Find out how to take part by visiting www.newcastle.gov.uk/libraries

Or popping into any one of Newcastle's Libraries to join in the challenge!

NBSE 2021 – Girls Edition

Inspiring Newcastle girls and young women to get involved this summer. Hear what some of our previous participants have to say:

"Getting together with my girl-friends to take part in the activities has made my summer fun and exciting!" – **Sarah, age 16**



"I can't wait to take part in Newcastle's Best Summer Ever again this year!" – **Mel, age 11**

"I loved the tasty food provided and the many types of activities on offer, especially dance, arts and crafts, and netball." – **Farah, age 14**

Gather your girl troops and join in the fun! Follow and stay tuned on our Newcastle's Best Summer Ever Facebook page for our upcoming girls-only offers!

NBSE 2021 Pop-Up Family Festivals

Join Newcastle's Best Summer Ever Pop-Up Family Festival! Packed full of fun activities and games that you can have a go at with your family and friends.

Family Festivals happening at:

Westerhope Community Association,
Hillhead Rd Newcastle upon Tyne NE5
1NE. Date: 04/08 Time: 12 pm – 4 pm.

Red House Farm, Kingston Park RD Newcastle
upon Tyne NE3 2HY. Date: 18/08 Time: 12 pm – 4 pm.

Festivals were confirmed before going to print but may change at short notice. Please contact Marguerite Fisher for more information marguerite.fisher@newcastle.gov.uk



Leisure Offers

The following leisure sites will be providing a Friday offer during the summer. Activities running between 9 am – 3:30 pm. Please contact individual site for further details.

Newcastle Trampoline Park and Gym

Call 07483017593

Jesmond Pool

Call 01912812482

East End Pool

Call 07483018726

Eagles Basketball

Call 01912453880

Tyneside Badminton Centre

Call 01912415385

Kenton Park Sports Centre

Call 07592363131

West Denton Gym

Call 07483016278

Newburn Activity Centre

Call 01912640014

Walker Activity Dome

Call 07800813584

Elswick Pool

Call 01914814101

Pesto Pasta Salad

A bowl of green goodness perfect for summer picnics and healthy lunches.

Ingredients

For the Pesto-style dressing:

Big handful of fresh basil (about 15g)
2 cloves of garlic, finely chopped or grated
30g ground almonds
30g parmesan-style cheese
Juice of 1 lemon
4 tablespoon of olive oil

For the Pasta:

½ tin of peas, drained (or 200g frozen peas)
A small courgette (about 150 g), grated
300g pasta (any kind)

Options:

- Stir cooked meat into your pasta salad.
- Stir tinned chickpeas with the courgette.
- Add more colours and seasonal fruits and vegetables (like cherry tomatoes!).
- Make a big batch and keep in fridge for mid-week lunches.
- Recipe by Food Nation UK

Firstly, for the Pesto style dressing

1. Pick the basil leaves from the stalks, roll up into cylinder and finely slice to get really thin strips of basil.
2. Mix the basil in a bowl with the rest of the ingredients and set aside for later, or make a big batch and store in a jar in the fridge for up to 1 week.

Method 1 for Pasta (Cooking on the Hob)

1. Boil a saucepan of water, add pasta and cook for 10 minutes.
2. Add the peas and cook for 1 more minute then drain the water and put the pasta/peas back into the empty pan.
3. Mix in the grated courgette and the pesto dressing, add a little splash of water if you want to loosen it a little.

Method 2 for Pasta (Cooking with a Microwave)

1. Put your pasta into a large microwaveable bowl and add enough water to about 2cm above the pasta. Cook on high for 10 minutes.
2. Add the peas in with pasta and microwave again for a final 2 minutes.
3. Carefully lift from the microwave and drain the water away. Mix the courgette and pesto dressing into pasta and you are ready.

Recipe by Food Nation UK.

For more fantastic recipes, visit these YouTube channels

Food Nation UK: <http://bit.ly/food-nation-uk-youtube>

Healthworks Newcastle: <http://bit.ly/healthworks-ncl-youtube>

For on-demand physical activity and wellbeing videos, visit Active Newcastle's YouTube channel: <https://bit.ly/active-newcastle-youtube>

Citizens Advice Newcastle is here to help

All our advice is free, confidential and independent. Adviceline: 0808 278 7823 (free phone) 10 am – 4 pm Mon-Fri (except bank holidays). Email: citycab@newcastlecab.org.uk Webchat: www.citizensadvice.org.uk

***Make the best of
your 2021 summer
with Newcastle's
Best Summer Ever!***

